

## **HEALTH PSYCHOLOGY MAJOR AREA COURSE REQUIREMENTS**

- **Introduction to Health Psychology Proseminar: Psych 227** (Dunkel Schetter and Core Faculty)

*This is a required course for all trainees in Health Psychology. This course acquaints the student with the field and covers such topics as psychosocial factors in disease etiology, pain and pain management, psychoneuroimmunology, coping, control, and adjustment to stress, social support and health, risk detection and prevention, health behaviors, and patient-practitioner interaction. This course must be taken in conjunction with Psychology 425 the same quarter.*

- 2xx Biological Bases of Health Psychology (number being assigned)**

*The goals of this course are to: facilitate learning about the basic anatomy and activities of biological systems that relate psychological factors to health, and the interconnections between these systems; help students develop skills in thinking about biological systems and applying that knowledge to health psychology research; and familiarize students with the practical and logistical issues involved in measuring the activities in various biological systems.*

- **Health Psychology Lecture Series: Psych 425**

*This course is offered Fall and Winter quarters each year and is required of all trainees during all years of training. It involves presentations by on-campus and off-campus speakers on research in health psychology. Trainees are required to present their work at least once in this series. The Winter Quarter series includes presentations by the Core faculty members of the program in areas of their expertise every other year.*

**220B** Research Methods in Social Psychology **OR 287** Critical Problems in Clinical Research Methodology

**TWO additional electives from the following regularly offered courses:**

Psychology of Chronic Disease  
Basics of Psychoneuroimmunology  
Biobehavioral Mechanisms of Stress and Disease  
Families, Emotions, and Health  
Health Behavior Change  
Social and Interactional Issues in Stress, Coping and Adaptation  
Health and Stress in Ethnic Minorities  
Psychology of Aging  
Psychology of Eating  
Psychology of Women's Health  
Conceptual and Methodological Issues in Community Interventions  
Social Neuroscience and Health  
Ethical and Professional Issues in Health Psychology

### **MINOR AREA COURSE REQUIREMENTS (FOR HP majors)**

Select one minor from those listed under Minor Area Requirements in the Psychology Handbook. Many students in Health Psychology will select a minor in Quantitative Psychology. Students may also petition for an individualized minor as outlined on the last page of the Minor Area Requirement bulletin. Please note the following general regulations:

- Minors consist of a minimum of three 4-unit courses. Courses must be taken on a regular graded basis, although students may petition for pass/fail grading exceptions if the instructor will allow the student to write an extra paper that will be graded.
- Core courses can be applied either toward major or minor requirements when applicable.
- Courses applied toward the major cannot be applied toward the minor.

- If a course is listed under a student's major and it also appears under the student's minor, the course can ONLY be applied toward the major.

### **COMPREHENSIVE EXAMINATION (C-EXAM) REQUIREMENTS**

1. Presentation of 251 findings or any of the student's UCLA research findings in Psychology 425 A or B (Health Psychology lecture series) by end of 3<sup>rd</sup> year.
2. In-depth and integrative literature review of student area of interest approved by two readers and submitted by 1st week of spring quarter of 4<sup>th</sup> year. Topic must be approved by both readers in advance. Scope of paper may be like that of a Psychological Bulletin or Psychological Review paper and this paper may constitute the first chapter of the dissertation proposal providing it is not too narrowly defined as determined by the two readers.
3. Prelims to be completed by the end of the spring quarter of the 4<sup>th</sup> year.