

HEALTH PSYCHOLOGY MAJOR REQUIREMENTS

HEALTH PSYCHOLOGY MAJOR AREA COURSE REQUIREMENTS

All of the following courses:

Psych 215A	Health Psychology (must be taken simultaneously with Psych 219)
Psych 215B	Human Physiology in Social and Behavioral Science
Psych 218	Research Methods in Health Psychology
Psych 219	Health Psychology Lecture Series (6 total quarters of 219 is required fall and winter of years 1, 2, and 3. One quarter of 219 must be taken simultaneously with Psych 215A.)

Two additional electives from the following regularly offered courses:

Psych 216A	Psychology of Chronic Diseases
Psych 216B	Psychoneuroimmunology
Psych 216C	Psychology of Women's Health
Psych 216D	Psychology of Aging and Health
Psych 216E	Families, Emotions and Health
Psych 216F	Race/Ethnicity, Social Class, and Mental Health Psych 216G Biology of Chronic Disease
Psych 225	Emotion
Psych M274	Health Status & Health Behaviors of Racial & Ethnic Minority Populations
Psych 292	Biobehavioral Mechanisms of Stress and Disease
Psych 298	Health Related Lifestyle Change
Psych 298	Health Behavior Theory and Behavior Change

HEALTH PSYCHOLOGY COMPREHENSIVE EXAMINATION (C-EXAM) REQUIREMENTS

1. By the end of summer of Year 2, pass the **Written Comprehensive Exam** with a grade of Pass or better based on Psychology 215A course content and the larger knowledge base in health psychology. The goals of the Written C-Exam are to demonstrate mastery, integration, and critical analysis of theory, research, and evidence-based application in health psychology. The exam is completed independently by each student over five weekdays on an honor system. A minimum of two health psychology faculty evaluate responses to each of three exam questions as High Pass, Pass, Minimal Pass, or Fail, with disagreements resolved by a third faculty reader and discussion. If the Written C-Exam is not passed, the faculty will confer within one month to recommend corrective action to be completed within a specific time frame, usually 3-6 months but no longer than one year. Faculty will choose among the following options to assure demonstration of mastery of core content of the field of health psychology and student progress to degree: retake written exam, take an oral exam, write a paper, or retake 215A.
2. By the end of Year 3 (typically fall quarter), **present findings** of the 251 research or any of the student's UCLA research findings in Psychology 219 (Health Psychology Lecture Series).

3. Complete a **C-Paper**. The goal of the C-Paper is to complete an in-depth and integrative literature review in student's area of interest. Similar to a *Psychological Bulletin* or *Psychology Review* article, the paper should be 25 pages or more in length. The paper is often integrated as part of the dissertation proposal. Submission deadlines follow, although the student is encouraged to complete the requirements in advance of the deadlines:
 - a. By the end of Week 2, fall quarter of Year 4, submit the C-Paper Topic Approval Form (<https://www.psych.ucla.edu/graduate/current-students/academics/forms-petitions>) stating the topic, scope, and timeline for the C-Paper to two faculty readers: the primary mentor and another UCLA faculty member in health psychology or a relevant field. The readers will review within one month to ensure sufficient merit and breadth of scope.
 - b. Prior to submission of the C-Paper, whether the draft is reviewed by the primary mentor once or multiple times will vary as determined by the primary mentor's evaluation of the student's progress.
 - c. By the end of Week 1, spring quarter of Year 4, submit the completed C-Paper to the two readers, who will review within one month. If the C-Paper is not of passing quality, the two readers will recommend revisions needed and set a deadline for resubmission. The C-Paper must be approved at least four weeks prior to Preliminary Orals. Once the C-Paper is approved, the student will submit the signed C-Paper Approval Form (<https://www.psych.ucla.edu/graduate/current-students/academics/forms-petitions>).

HEALTH PSYCHOLOGY PRELIMINARY ORAL EXAM (Prelims)

By the last day of finals week, spring quarter of Year 4, the Preliminary Oral Qualifying Exam (Prelims), based primarily on the dissertation proposal, must be completed. This is a Graduate Division deadline. For a description, see the section on Guidelines for Doctoral Committee and Dissertation Preparation in the Graduate Program in Psychology Handbook.