

HEALTH PSYCHOLOGY MINOR REQUIREMENTS

Psychology 215A: Introduction to Health Psychology (Dunkel Schetter & Tomiyama)

This is a required course for all minors in Health Psychology. This departmental core course acquaints the student with the field and covers such topics as psychosocial factors in disease etiology, health behaviors and behavior change, coping, adjustment to illness, social relationships and health, mind-body interactions and intervention, pain and pain management, and patient-provider interaction.

Note: This course must be taken in conjunction with Psych 219 the same quarter.

Psychology 219: Health Psychology Lecture Series

This course is offered fall and winter quarters each year and two quarters are required of all minors. The winter quarter series includes presentations by the Core faculty members of the program in areas of their expertise every other year.

Two of the Following Elective Courses (or an Approved Substitute) are Also Required:

Psych 206B	Introduction to Biological Signal Processing
Psych 207	Seminar: Physiological Psychology titled Psychobiology of Drug and Alcohol Abuse
Psych 215B	Human Physiology in Social and Behavioral Science Psych 216A Psychology of Chronic Diseases
Psych 216B	Psychoneuroimmunology
Psych 216C	Psychology of Women's Health Psych 216D Psychology of Aging and Health
Psych 216E	Families, Emotions and Health
Psych 216F	Race/Ethnicity, Social Class, and Mental Health Psych 216G Biology of Chronic Disease
Psych 218*	Research Methods in Health Psychology
Psych 225	Critical Topics in Social Psychology: Current Topics in Social Neuroscience
Psych 225	Critical Topics in Social Psychology: Emotion
Psych M274	Health Status & Health Behaviors of Racial and Ethnic Minority Populations
Psych 292	Biobehavioral Mechanisms of Stress and Disease
Psych 298	Health Behavior and Behavior Change (298 will be changed to 216H)
Psych 298	Health Related Lifestyle Change

Four units of Psychology 205 may be applied toward the minor, if approved by petition.

NOTE: A variety of other courses including some in Community Health Sciences and Psychiatry are offered less regularly and can be petitioned for credit. Examples include:

Com Hlt 271	Health-Related Behavior Change
Com Hlt 272	Social Epidemiology
Com Hlt 273	Social Epidemiology of Chronic Disease
Com Hlt M411	Issues in Cancer Prevention and Control

*Psychology 218 is for Health Area Major students. If you are not a Health Psychology Major, please contact the instructor for a PTE number.