INVESTIGATE AND PROMOTE BIOPSYCHOSOCIAL HEALTH

The Ph.D. in Health Psychology at UCLA

OUR PROGRAM

We provide rigorous training in the development and use of basic theories and research in psychology to understand links between psychological processes and physical health. Our research covers laboratory, community, and medical settings.

Our research training spans diverse populations with regard to age, ethnicity, socioeconomic background, and health status. Starting with a firm foundation in psychology, we offer strong biological, methodological, and quantitative training, along with intervention and translational research. Our program is highly interdisciplinary and collaborative opportunities are available both within the department and across UCLA.

OUR FACULTY

Click on a name to learn more!

Julienne Bower, Chair
Chris Dunkel Schetter, Co-Chair
Rena Repetti
Theodore Robles
Annette Stanton
Jennifer Sumner
Janet Tomiyama

OUR RESEARCH INTERESTS

Stress, trauma, and coping; relationship science; developmental origins of health; ethnic, racial and cultural aspects of health; eating, obesity, and weight stigma; resilience and positive psychology; health behavior and behavior change

Stress physiology; psychoneuroimmunology; stress physiology; accelerated aging

Physical and mental health conditions including cancer, cardiovascular disease, maternal-child health, and depression, among others

Individual, family, and community perspectives

Experimental, intervention, and observational research (survey methods, diary and ecological momentary assessment, population research, mHealth)

UCLA  health.psych.ucla.edu  hpinfo@psych.ucla.edu